



## ***Sandstone MacEwan Community Association***

# **COVID-19 RULES and Outdoor Yoga**

## **Declarations**

This declaration must be completed prior to visiting Sandstone MacEwan Outdoor Yoga event. Failure to do so prior will result in denial of access to the Outdoor Yoga event.

The Sandstone MacEwan Community Association (SMCA) appreciates and expects your cooperation to allow us to run the Outdoor Yoga in the Park program. We are asking that you strictly observe our rules during COVID-19. The SMCA is permitting use based on your assurances within this document. Any false statements could result in legal liability towards you. You agree to observe and fully abide by all rules and regulations prescribed by the SMCA. You may be asked to leave the premises if you are not following the rules and regulations prescribed by the SMCA.

The virus can be transmitted by asymptomatic people. The SMCA is following government rules and regulations but there can be no assurance that the virus will not be contracted at the Outdoor Yoga classes. Please understand that you are taking part in this program or activity at your own risk.

By completing and submitting this declaration you agree to the statements within:

\* Required

I hereby declare that I or anyone in my household is not or has not been infected with the COVID-19 virus.

I hereby declare that I or anyone in my household has not experienced any cold or flu-like symptoms in the last 14 days (to include fever, cough, sore throat, respiratory illness, difficulty breathing). If I or anyone in my household experience any cold or flu-like symptoms after submitting this declaration, I will then not visit the SMCA Outdoor Yoga program for a minimum period of 14 days after the cold or flu-like symptoms have completely gone away. This remains in effect during the entire COVID-19 pandemic unless communicated otherwise.

I hereby declare that I or any member of my household have not travelled to or had a lay-over in any country outside Canada in the past 14 days. If I or anyone in my household travel to any country outside Canada after submitting this declaration, I will then not visit SMCA Outdoor Yoga program for a minimum period of 14 days after the date of return to Canada. \* This remains in effect during the entire COVID-19 pandemic unless communicated otherwise.

I have read and understand the SMCA COVID-19 rules and accept and waive any right to privileges should I not comply with these rules.

I hereby accept the RISK OF CONTRACTING COVID-19 by choosing to attend or use the Outdoor Yoga program by SMCA.

I hereby release the Sandstone MacEwan Community Association, its Directors, Officers and Staff from any and all claims that I have or may have in the future for:

a. any loss or damage the I may suffer due to contracting COVID-19, including sickness or death, as a result of attending the Outdoor Yoga and

b. any requests to leave the premises as imposed by the SMCA resulting from the breach of my obligations under this "Agreement". \*

First Name \* \_\_\_\_\_

Last Name \* \_\_\_\_\_

Email Address  
\_\_\_\_\_

Date \*  
MM [        ]/DD[        ]/2020